



Larry Rousseau | Keynote Speaker | Executive Vice-President, CLC

Larry Rousseau was elected as CLC Executive Vice-President at the CLC's 28th Constitutional Convention in May 2017, and re-elected at the 29th Constitutional Convention in June 2021. Previously, he served as the Regional Executive Vice President of the Public Service Alliance of Canada's National Capital Region, and as the Regional Vice-President of PSAC's Union of National Employees.

Larry's first experience in the labour movement (and his most meaningful in his opinion) was when he was hired as a filing and stockroom clerk in the mail room of the Canadian Labour Congress at the age of 18. Shortly thereafter, he was elected shop steward for the Office and Professional Employees International Union Local 225 (now COPE).

He was subsequently hired at Statistics Canada, to which he remains committed to this day. He has a Certificate in Civil Law from the University of Ottawa, Faculty of Law, Civil Law Section, and a Masters Degree in Public Administration from the École nationale d'administration publique in Quebec.

Larry has a long history of trade union and political activism, particularly on issues like labour relations, health and safety, human rights, and equity. His involvement in the LGBTQ2SI, Anti-Racism and peace movements has been an integral part of his engagement and commitment to social justice.



Health & Safety Virtual Conference

Online Event

January 25 - 26, 2022

Manitoba 
Federation
of Labour
Fairness For Everyone

Guide to Workshops

All workers have a right to a safe and healthy workplace. The MFL and our affiliated unions have always fought for strong health & safety laws, rigorous enforcement, and effective prevention programs to keep all workers safe and healthy on the job.

Whether you're an experienced health and safety steward, or new to the field of workplace health and safety, our worker-focused conference offers information and training that will enhance your knowledge and skills, to make you a more effective health and safety champion and defender. We invite you to participate in our conference and select a workshop that best fits your needs.

This year's MFL Health & Safety Conference will include Keynote Speaker Larry Rousseau, Vice President of the Canadian Labour Congress, who will address the challenges workers have faced throughout the COVID-19 pandemic and opportunities that now exist for health and safety advocates to make workplaces safer and more just for workers now and in the future.

Choose your workshop

Using the accompanying registration form (also available at mfl.ca) please select which workshop you would like to register for (along with your second choice in case your first is full).

WORKSHOP 1

Workplace Psychological Health and Safety

Identifying and addressing hazards that can cause psychological injury is a key part of creating a safe and healthy workplace. This workshop will identify common psychological workplace hazards, raise awareness of occupational psychological health concerns, and introduce participants to the CSA National Standard for Psychological Health and Safety in the Workplace. Participants will learn how to more effectively incorporate psychological health considerations into workplace health and safety programs.

WORKSHOP 2

Effective Health and Safety Committees

Most workplaces in Manitoba are required to have health and safety committees comprised of both worker and management representatives. Health and safety committees are one of the most important tools that workers have to play active roles in making health and safety decisions in the workplace. This workshop will outline strategies for making health and safety committees work more effectively, and build skills for worker participation and leadership in committees. Participants will learn about planning and running committee meetings, hazard assessments and documentation, and working with management to resolve health and safety issues.

WORKSHOP 3

Creating a Culture of Respect in the Workplace

Sexual harassment and other forms of harassment and discrimination remain all too prevalent in today's workplaces. This workshop will help participants understand how power dynamics influence behaviour and provide them with the skills to better tackle toxic behaviours that can lead to instances of sexual harassment. This workshop will explore the underlying issues that can lead to sexual harassment, and present practical strategies to prevent problematic behaviour, intervene, and respond to issues in a timely and responsible way. Participants will learn about the building blocks for building consent culture in a work setting, and review how to better support staff who experience sexual harassment.

WORKSHOP 4

Supporting Injured Workers with WCB Claims

Many workers encounter difficulties in accessing proper WCB supports after they're injured or become sick on the job. This workshop is designed for union activists, stewards and representatives who play roles in assisting injured workers with reporting injuries, filing WCB claims, WCB appeals and returning to work safely. This workshop will provide an overview of recent legislative changes made to the Workers Compensation Act, as well as WCB rules and procedures, along with tips for working effectively through the claim and appeal processes.

NOTE: This course is not a forum for exploring or advancing individual WCB claims.

WORKSHOP 5

De-escalating Potentially Violent Situations

Too many workers are being faced with potentially violent situations in their workplace. This workshop will explore how the potential for violence can evolve in the workplace and offer strategies and interpersonal communication skills to diffuse and de-escalate potentially violent situations. Participants will learn about their rights in the workplace, employer obligations, and how to assess and respond to the potential for violence at work.

WORKSHOP 6

Health & Safety in Federally Regulated Workplaces

Federally regulated workplaces operate under their own health and safety legislation and regulatory framework in Canada. This workshop will provide an overview of federal health and safety legislation, workers' rights, and the roles and responsibilities of health and safety committees. NOTE: This course is designed for workers from Federally regulated workplaces (such as the federal civil service, mining, rail or other cross provincial transportation).



**Health & Safety
Conference**