JUDY COOK AWARD

Woman of Achievement

CALL FOR NOMINATIONS

Established in 2000, the Manitoba Federation of Labour's Judy Cook Award for Woman of Achievement recognizes women trade unionists who have made significant contributions to our labour movement.

The Judy Cook Award is awarded by the MFL Women's Committee, and was created to honour Sister Judy Cook for her work as a feminist trade unionist, which has benefited our movement and the wider social justice community.

The MFL Women's Committee invites all MFL affiliates to consider nominating union sisters for this award. The award will be presented next at the 2027 MFL Convention in Winnipeg.

Nominations for the 2027 Judy Cook Woman of Achievement Award are being accepted until March 1, 2027 – please send nominations to:

ATTN: MFL Women's Committee Selection
Committee c/o Manitoba Federation of Labour
303-275 Broadway
Winnipeg, MB, R3C 4M6
Phone 204-947-1400 • Email: admin@mfl.mb.ca

MANITOBA FEDERATION OF LABOUR
WOMEN'S COMMITTEE
Strong Women, Strong Unions

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JUDY COOK – A FEMINIST CHAMPION

The Judy Cook Women of Achievement Award honours sisters who are (or have been) a member of a union affiliated with the MFL/CLC and have contributed significantly to advancing women's and labour rights.

The award honours and celebrates the late Judy Cook. Sister Cook was the Executive Director of the MFL Occupational Health Centre from 1985 until her passing in 1998. Judy's life was marked by an extraordinary commitment to social justice and improving the quality of life of working people.

A major focus of her commitment was her work in preventing occupational injuries and disease, and highlighting how they are embedded in social and political factors.

Born in St. Louis, Missouri, Sister Cook was active in the American Civil rights movement in the 1960's. She then brought her passion and experience to Canada in the 1970's, focusing her attention on community health and the labour movement.

Prior to her tenure with the MFL Occupation Health Centre, Judy was director of volunteer services with Klinic Community Health Centre (Winnipeg). In her role there, she helped organize Klinic workers into a Canadian Union of Public Employees local. Sister Cook was also active on the boards of Legal Aid Manitoba and the Community Unemployed Help Centre.

"I remember marching with her, singing with her and generally having a most excellent time. Judy Cook was a real Sister in the struggle, a genuine "bread and roses" woman. If to live in the hearts we leave behind is not to die, then Judy is living today, here with us. And, we could do nothing better than to remember Sister Judy Cook and follow her example."

The Honourable Diane McGifford,
Minister Responsible for the Status of Women,
Government of Manitoba – (2002)

What do I need to do to nominate someone?

Nominations can be made by any MFL affiliate (including union locals or labour bodies) or MFL affiliated union member.

In order to nominate an outstanding union sister for the Judy Cook Women of Achievement Award, please fill-out the form on the back and explain why you think the nominee is a good candidate for the award. This may include reference to any of the following:

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- What contributions has the nominee made in the advancement of feminist and social justice issues in the labour movement and wider community?
- How has the nominee been a role model for women in the labour movement and community?
- How the nominee contributed to raising awareness about women's issues and their importance?
- How has the nominee been active in promoting trade union and feminist principles?
- How has the nominee integrated the struggle for labour rights and gender equity?
- Has the nominee served on relevant boards or committees

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NOMINEE INFORMATION

Name of nominee _____

Union name and local number _____

Mailing address _____

Phone number _____

Occupation (or occupation before retirement) _____

How many years has the nominee been a union member? _____

Submitted by

Name _____

Union name and local _____

Phone _____ Email _____

Signature of Union President/Business Manager _____

Contribution to the women's movement and labour movement

Please tell us about the ways in which the nominee has contributed to the women's movement and labour movement (feel free to provide additional pages if required):

_____

_____

_____

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(feel free to attach additional pages if required).